

# NORTHERN LIGHTHOUSE BOARD



You will experience each and every aspect of the ship's catering department and work with the entire catering staff over the period of the placement...

## Our Motto...

“To deliver a reliable, efficient and cost-effective Aids to Navigation service for the benefit and safety of all Mariners”



## Northern Lighthouse Board

# Ship's Catering Work Experience



NLV PHAROS



NLV POLE STAR





IMAGE BY IAN COWE ©

The Northern Lighthouse Board (NLB) is the General Lighthouse Authority for the waters surrounding Scotland and the Isle of Man, responsible for the superintendence and management of all lights, buoys and beacons within this area.

# About Us - Northern Lighthouse Board

## Our Aim

To deliver a reliable, efficient and cost-effective Aids to Navigation service  
for the benefit and safety of all Mariners

The Northern Lighthouse Board (NLB) is the General Lighthouse Authority for the waters surrounding Scotland and the Isle of Man, and is responsible for the superintendence and management of all lights, buoys and beacons within this area. Covering half the waters and coastline of the United Kingdom, together with the majority of offshore manned oil installations the area is subject to severe weather conditions for many months of the year. The approximate length of this coastline is 6,214 miles (10,000km) a land area of 30,405sq miles (77,700 sq km) and 790 islands. \* *Source: Scottish Statistics*

Currently the Board is responsible for a network of 206 lighthouses, 165 Buoys, 25 Beacons, 35 AIS Stations, 4 DGPS Stations, 29 Racons, 1 Shared GLA eLoran Station

The Northern Lighthouse Board's principal concern is with safety: the safety of the mariner at sea; the safety of our own people employed in or around some of the world's most dangerous coastlines; and the safety of environment in which we, and those who come after us, must live and work.

The Northern Lighthouse Board has long been at the forefront of navigational technology. The programme to automate all major lighthouses was successfully completed on 31 March 1998. The Board completed the conversion of all its statutory lit buoyage to solar power in 1997. Thereafter, an ongoing programme of modernisation and overhaul will continue well into the 21st Century.

The Board has always prided itself on its efficiency and cost effectiveness. For the future, it aims to provide a reliable, low-maintenance and cost-effective network of Aids to Navigation, backed by a safe, efficient and professional support organisation.

The joint General Lighthouse Authorities' policy is based on the continuing requirement for the foreseeable future for a base-level of traditional visual aids to navigation, in the form of lights, beacons and buoyage, but a decreasing reliance of these "traditional" aids to navigation and an increasing reliance on high-precision radio aids. The Joint GLAs' policy also provides a mechanism for the ongoing review of tasking and policies.

The Board's Mission Statement is:-

In Salutem Omnium  
*For the Safety of All*

## About the **NLB Ships**

The Northern Lighthouse Board operates two ships, NLV PHAROS and NLV POLE STAR from our base in Oban on the west coast of Scotland. The ships carry out buoy work, deliver stores and supplies to lighthouses and inspect navigation aids on oil and gas rigs in the Scottish sector.

Both ships are equipped to the highest standard with the latest electronic and communications technology. They are designed to deploy and service any buoy currently deployed in UK waters. The versatility of PHAROS and POLE STAR makes them ideal research platforms with their large working decks being used for the deployment of scientific and sampling equipment on a commercial basis.

Both vessels benefit from full hydrographic survey suites and are equipped to a high standard to support:

- buoy deployment and recovery both inshore & offshore in the North Sea and Atlantic
- medium and small scale hydrographic sampling
- sea-bed sampling and testing
- deployment of subsea sensors and measuring devices
- ROV support
- deployment and recovery of marine hardware



## Our Commitment

The Northern Lighthouse Board is willing to commit resources, including staff and time, to training, supervising and mentoring the work placement student, who should be 18 years of age or over.

We are offering a chance for students to sample life on one of our two working tenders (ships) as part of the catering team.

The Northern Lighthouse Board will be contributing to the student's current education and improving their future career opportunities.

The Northern Lighthouse Board will identify opportunities for learning and passing on skills to students. We will provide a thorough Induction, including Health and Safety.

We will increase awareness of current academic developments in the particular discipline.

Our aim will be to raise the profile of the hospitality department at sea.

## NLV PHAROS

NLV PHAROS was welcomed into the service of the Northern Lighthouse Board in March 2007. She has an overall length of 84.25 metres and breadth of 16.50 metres. The level of sophistication in her equipment is not normally found in a vessel of her size and boasts dynamic positioning (DP1), a large aft working deck area, integrated bridge management system and forward helicopter flight deck. A full hydrographic survey suite and moon pool make her an ideal survey and research platform. PHAROS also supports land-based operations by helicopter or small craft and can act as a mobile project support base for operations in remote areas. PHAROS has a crew of 18, with additional accommodation for 12.

There are several lounges and a conference room which doubles up as a lounge and private dining room for visiting guests. There are book and DVD library areas plus game consoles.

All the accommodation is ensuite with satellite TV, CD player and radio incorporated through the TV. On PHAROS there is a well equipped gymnasium. PHAROS has internet access 24-7 and a large, well furnished office.







PHAROS MESS ROOM



PHAROS GALLEY

## NLV POLE STAR

NLV POLE STAR was built in 2000 and incorporates the latest thinking in hydrographic survey, navigational and buoy handling technologies. Smaller than PHAROS, she has a shallower draught, permitting access to otherwise inaccessible waters. Her dynamic positioning (DPI) capability makes her a very versatile vessel. POLE STAR has a crew of 15 and additional accommodation for 4.

There are two lounges on POLE STAR both equipped with games consoles, a small library of books and DVDs.

All the accommodation is ensuite with satellite TV, CD player and radio. There is also a small gymnasium. POLE STAR has internet access 24-7 and there is a small office onboard.







POLE STAR MESS ROOM



POLE STAR GALLEY

## The Crew

People are a vital part of our service. The crew of our ships work in the extremes of conditions servicing our aids to navigation around Scotland and the Isle of Man - this is physical hard work. We therefore have to ensure they are restored with a wholesome, healthy balanced diet to get them back to work.

The catering crew play a vital role in this by providing a balanced menu choice. Each ship operates with a Chief Caterer and a Caterer, who are experienced professionals. They are confident and committed to their work and take pride in delivering an attentive and charming service!

They combine confidence, efficiency and coolness under pressure. You will find them quick, resourceful and personable while mastering the intricacies of the ships voyage.

The catering crew take pride in their appearance, whether the occasion is formal or informal. They aim to deliver a standard of service in a friendly manner forming a vital part of the team and ensuring the crew and guests enjoy their period of time on board the ship.



## The Food...

We are self-confessed “*foodies*” with a reputation for creativity and culinary excellence. Our award-winning\* specialist caterers are passionate about developing ever more appetising menus. They love to experiment and they understand just how important it is to create and present exquisite food.

The secret lies in using the seasons freshest and most flavoursome ingredients. Close associations with suppliers all over Scotland and elsewhere, who share this passion and commitment, allow us to prepare a mouth-watering selection of menus.

We have received the *Healthy Living* food award for offering a healthier choice of food, all prepared from scratch and all food stuff sourced locally.

*The secret lies in using the seasons freshest and most flavoursome ingredients...*



### \*About the healthyliving award



The healthyliving award is a national award for the foodservice sector in Scotland.

It has long been recognised that caterers can play an important role in influencing what their customers eat, and it is important to recognise and reward those who are making it easier for their customers to eat more healthily. The healthyliving award aims to achieve this.

The award criteria are based on the general principles of a healthy balanced diet and have been developed to be in keeping with Scottish dietary targets. Simple changes to the way a caterer works could make a significant difference to their business.

[www.healthylivingaward.co.uk](http://www.healthylivingaward.co.uk)

## The Work Experience...

You will experience each and every aspect of the ships catering department and work with the entire catering staff over the period of the placement, with the majority of the time spent gaining firsthand experience

Each member of the catering department is briefed to plan your time with them so you get a fully rounded experience of the individual and team roles, also experience a real flavour of the department and how the cogs of the Northern Lighthouse Board's catering wheels fit together to deliver the company objectives.

All your food and accommodation will be provided during your work placement time with us.

You will have the most unusually located work experience, along with the opportunity to visit some of the most remote and scenic places in Scotland.





*You will have the most unusually located work experience, along with the opportunity to visit some of the most remote and scenic places in Scotland...*



Standard Cabin on PHAROS



## What's expected of you...

- It will be your duty to comply with all health and safety regulations; this will include lifeboat and fire drills.
- You will need to be professional at all times.
- You will need to be enthusiastic and have a flexible outlook to work.
- Be of smart in appearance at all times.
- Be able to take instructions.
- Comply with the Northern Lighthouse Board alcohol and drug policy.
- You will treat all the Northern Lighthouse Boards property and equipment with due care and respect.

## What next...

- This is a rolling programme, applications for placement can be submitted at any time.
- Placements usually are for two week periods.
- You will need to attend an informal interview.
- References may be required.

FOR AN APPLICATION FORM CONTACT:-

**The HR DEPARTMENT**  
Northern Lighthouse Board  
84 George Street  
Edinburgh  
EH2 3DA

TEL: 0131 473 3100  
Email: [jobs@nlb.org.uk](mailto:jobs@nlb.org.uk)  
[www.nlb.org.uk](http://www.nlb.org.uk)

# NLB - Operations

## Summarised Generic Risk Assessment Form

<b>RISK ASSESSMENT ID</b>	POL-42 - Student Work Experience - Catering		<b>ASSESSED BY</b>	L Wilson
<b>ACTIVITY ASSESSED</b>	The Student will be gaining work experience within the Catering department onboard an NLV Tender			
<b>LOCATION (S)</b>	Catering Department		<b>ASSESSMENT DATE</b>	17/10/2012
			<b>LATEST REVIEW DATE</b>	24/01/2015
			<b>PERSONS AT RISK</b>	Employees <input checked="" type="checkbox"/> Contractors <input type="checkbox"/> Other Employees <input checked="" type="checkbox"/> Member of Public <input type="checkbox"/> Official Visitors <input checked="" type="checkbox"/>

Hazard Category	Hazard Description	Initial Risk Value	Control Measures (Current and Proposed to Reduce Risk to ALARP)	Final Risk Value
Place of Work	Slips, trips & falls while walking.	48 Significant Risk	The student is to be provided with appropriate footwear and advised to wear this at all times when they are in operational areas	16 Tolerable Risk
Methods of Work	Manual Handling-Back injury, hernia, etc-Carrying	48 Significant Risk	If the student is asked to participate in manual handling activities, they must be tailored to reflect the age and physical capabilities of the Student	16 Tolerable Risk
Working with Plant and Equipment	Mechanical-Contact-Blender blade	48 Significant Risk	The student must be shown how to safely operate equipment of this type prior them operating it. The student must then be closely supervised if operating equipment of this type.	16 Tolerable Risk
Working with Plant and Equipment	Thermal-Burns/Fires/Scalds/Frostbite-Gas/electric hobs/ovens	48 Significant Risk	The student must be shown how to safely operate equipment of this type prior them operating it. The student must then be closely supervised if operating equipment of this type.	16 Tolerable Risk
Working with Plant and Equipment	Thermal-Burns/Fires/Scalds/Frostbite-Refrigerant	36 Significant Risk	Suitable instruction regarding fridges and freezers are to be issued prior to access, and suitable PPE worn with regard to the length of time spent within and subsequent exposure to very cold/freezing temperatures.	16 Tolerable Risk
		<b>48 Significant Risk</b>	<b>Final Risk Rating</b>	<b>16 Tolerable Risk</b>

### Method and Organisation (SSWI)

The Student shall work under appropriate supervision at all times. On the first day of the work experience they will be given a safety briefing by the Chief Caterer and will be issued with any PPE required. Specific risk control measures are detailed against the higher level hazards identified as applicable to this work.

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 Printed By: Lindsayw  
 Printed On: 12/03/2015 10:37:04

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For an explanation of the risk level estimator,  
 please refer to HSM 2.05 - Risk Assessment

# NLB - Operations

## Summarised Generic Risk Assessment Form

<b>RISK ASSESSMENT ID</b>	PHA-61 - Student Work experience - Catering		<b>ASSESSED BY</b>	L Wilson
<b>ACTIVITY ASSESSED</b>	The Student will be gaining work experience within the Catering department onboard an NLV Tender			
<b>LOCATION (S)</b>	Catering Department		<b>ASSESSMENT DATE</b>	27/03/2015
			<b>LATEST REVIEW DATE</b>	27/03/2015
			<b>PERSONS AT RISK</b>	Employees <input checked="" type="checkbox"/> Contractors <input type="checkbox"/> Other Employees <input checked="" type="checkbox"/> Member of Public <input type="checkbox"/> Official Visitors <input checked="" type="checkbox"/>

Hazard Category	Hazard Description	Initial Risk Value	Control Measures (Current and Proposed to Reduce Risk to ALARP)	Final Risk Value
Place of Work	Slip trips or falls - irregular surfaces	48 Significant Risk	The student is to be provided with appropriate footwear and advised to wear this at all times when they are in operational areas	16 Tolerable Risk
Methods of Work	Manual Handling-Back injury, hernia, etc-Carrying	48 Significant Risk	If the student is asked to participate in manual handling activities, they must be tailored to reflect the age and physical capabilities of the student	12 Tolerable Risk
Working with Plant and Equipment	Mechanical-Contact-Blender blade	48 Significant Risk	The student must be shown how to safely operate equipment of this type prior to operating it - The student must then be closely supervised if operating such equipment	16 Tolerable Risk
Working with Plant and Equipment	Thermal-Burns/Fires/Scalds/Frostbite-Gas/electric hobs/ovens	48 Significant Risk	The student must be shown how to safely operate equipment of this type prior to operating it - The student must then be closely supervised if operating such equipment	16 Tolerable Risk
Working with Plant and Equipment	Thermal-Burns/Fires/Scalds/Frostbite-Refrigerant	36 Significant Risk	Suitable instructions regarding fridges & freezers are to be issued-demonstrated prior to access, and suitable PPE worn with regard to the length of time to be spent within, and subsequent exposure to, very cold-freezing temperatures	8 Tolerable Risk
<b>Initial Risk Rating</b>			<b>Final Risk Rating</b>	<b>16 Tolerable Risk</b>

### Method and Organisation (SSWI)

The Student shall work under appropriate supervision at all times. On the first day of the work experience they will be given a safety briefing by the Chief Caterer and will be issued with any PPE required. Specific risk control measures are detailed against the higher level hazards identified as applicable to this work.

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 Printed By: Lindsayw  
 Printed On: 27/03/2015 14:48:15

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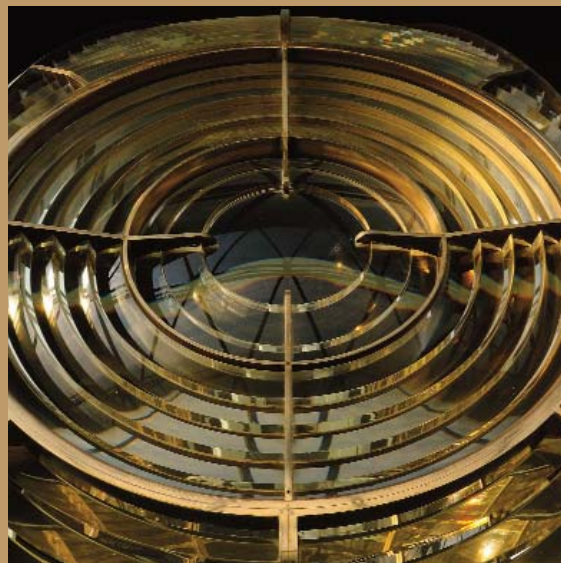
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For an explanation of the risk level estimator,  
 please refer to HSM 2.05 - Risk Assessment

Notes...



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Produced by the  
Northern Lighthouse Board  
84 George Street, Edinburgh EH2 3DA  
[www.nlb.org.uk](http://www.nlb.org.uk)

March 2015